



City of St. Louis Park  
**WestwoodHills**  
nature center  
Education | Nature | Recreation | Wildlife

# Autumn Trees & Apples

## Program Overview

This program uses apple trees as an example to learn about tree life cycles.

Indoors, students will talk with a naturalist about the fall season and what this means for trees, especially apple trees. The puppets will share their story of “Jesse and the Apple Tree”. This show provides a wonderful introduction to how seeds and fruits develop after a flower is pollinated.

On a hike, students will look for different shaped leaves and other signs of fall.

Students will also participate in the sensory experience of making apple cider using an old fasion-style cider press. **Please have each child bring one apple to put in the cider press.** During this activity children will get a chance to see, smell and taste apple cider. *(Due to concerns with public health issues regarding young children and un-pasteurized cider, Westwood will serve a comparable pasteurized cider for students to taste.)*

## Program Goals

- Students will begin to understand pollination and the life cycle of an apple tree
- Students will practicing sorting and matching using fall leaf shapes and colors

## Trip Preparation

- It is essential that the students be dressed for being outside and on the trails for about 45 minutes
- Please assist us by having each child and adult accompanying the class wear a nametag.
- Please be prepared to split your class in half for the hike portion of the program